

going deeper

Personal or group study ideas. Read the articles, choose your questions.

- Impossible Patient?** Read Elliott-Lee, pp. 62-68 and the JCN Resource Article, pp. 71-75.
- Recall a specific patient with mental illness. What feelings does this memory evoke?
 - What impressions might you need to overcome to offer spiritual care to someone who is mentally ill?
 - What has God taught you about caring for those with mental illness?
 - What insights do you glean from the Borderline Protocol on pages 64-65 to help you care for challenging patients?
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- Help for Depression:** Read Schuhow, pp. 76-80.
- Scan the Psalms. What emotions are given voice? What do we learn from God's response toward emotional suffering?
 - Review the Scripture noted in the article. What hope does Scripture offer those facing depression?
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- The Last Resort?** Read Hammond, pp 94-95.
- Describe how it feels to go to Jesus as your first thought rather than last resort. Which response best describes you?
 - What changes need to take place to help you go to Jesus first? How do John 15:5 and Romans 12:2 apply?
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- Cultural Sensitivity:** Read Johanson, pp. 96-98.
- In what areas could you become more culturally sensitive?
 - Where can you focus on similarities rather than differences? How might this generate greater understanding toward a patient, colleague, or neighbor?
 - What concepts about cultural sensitivity are addressed in Ephesians 2:11-3:6?