

**INTERVARSITY**  
NURSES CHRISTIAN FELLOWSHIP®  
PO Box 7895  
Madison, WI 53707-7895

ADDRESS SERVICE REQUESTED



*Conflict, Stress & Time! HELP!*  
October 8, 2010 Grand Haven, MI  
October 9, 2010 Northville, MI



INTERVARSITY.

# *Conflict, Stress & Time!*



# *HELP!*

*Two dates and locations to choose from:*

October 8, 2010—Grand Haven, MI  
October 9, 2010—Northville, MI

**4 Contact Hrs**

## **CE Credit**

Nurses Christian Fellowship® is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

*Full-time participants at this educational activity will earn **four (4)** contact hours of CNE credit.*

## **Cost**

Registration fees include the program, materials and CNE credit (except as noted):

- General Fee ..... \$45.00
- Retiree (no CNE) and NCF Member Fee ..... \$40.00
- Retiree NCF Member Fee (no CNE) ..... \$35.00
- Pre-licensure student (no CNE) ..... \$25.00
- Pre-licensure student NCF member (no CNE) .. \$20.00

*Add **\$5.00** to each registration fee after **October 1**  
Make checks payable to **Nurses Christian Fellowship**.*

## **Registration**

Advance registration is required. Register **one** of three ways:

1. **Mail** registration form and fee payment to:  
*NCF Registrar, PO Box 7895, Madison WI 53707-7895*
2. **Email** registration information to:  
*ncf@intervarsity.org* and **mail** fee payment to NCF Registrar (as above). **Registration assured ONLY after payment is received.**
3. **Online** registration with credit card payment at  
*www.ncf-jcn.org.*

***Confirmation sent by email by request only.***

**Refund policy:** To request a refund, contact the registrar *ncf@intervarsity.org*. No refunds given after October 6. Refunds are subject to a **\$10.00** processing fee.

## Registration Form

### Locations

October 8     **Covenant Life Church**  
101 Columbus Ave,  
Grand Haven, MI 49417

October 9     **Ward Evangelical Presbyterian Church**  
40000 Six Mile Rd  
Northville, MI 48167

Directions for both at: [www.ncf-icn.org/conferences/main.php](http://www.ncf-icn.org/conferences/main.php)

### Purpose

Nurses will have the opportunity to explore biblically-based strategies for dealing with workplace issues of conflict, stress, and time management.

### Objectives

At the completion of this educational activity participants will be able to:

1. Identify causes, effects, and positive ways of confronting workplace conflict.
2. Discuss the role of forgiveness in resolving conflict in nursing settings.
3. Identify definitions, popular views, and Biblical management strategies for the stress nurses encounter in the 21st century.
4. Discuss Biblical principles of time management for professional nurses to enhance patient care effectiveness.

### Target Audience

This program is designed for professional nurses. All health care professionals and students would benefit and are encouraged to attend.

### Planning Committee

Kamalini Kumar, PhD, RN; Fran McHolm, MSN, RN

**GRAND HAVEN:** Barbara Terrien, BSN, RN; Jenny Clevenger, RN, BSN; Abby Newton, RN.

**NORTHVILLE:** Margaret J. Wigton, MSN, RN; Nancy Andrews, MSN, RN.

### Schedule

8:00 am    Registration  
 8:30        Welcome and Introductions  
 8:40        **Biblical Principles for Conflict Management**  
 10:15      **Forgiveness in Conflict Management**  
 10:40      Break  
 11:00      **Dealing with Stress God's Way**  
 11:50      **Biblical Perspectives on Time Management**  
 12:50 pm    Wrap up and Evaluation  
 1:00        Adjourn

OPTIONAL: Eat lunch with Kamalini at a local restaurant (order from menu) following the conference.

### Presenter

**Kamalini Kumar, PhD, RN** is Director of Clinical and Professional Development, Mercy Medical Center, Clinton, Iowa. She is a respected presenter of numerous workshops and seminars for NCF and NCFI (Nurses Christian Fellowship International).



### For More Information . . .

- About this **conference**,
  - \* **Grand Haven:** contact Jennie Clevenger, 616-644-3251 (5-10 pm) or [jjmanerva@yahoo.com](mailto:jjmanerva@yahoo.com)
  - \* **Northville:** contact Paula Grohman, 248-357-9177 (evenings) or [pgrohman@comcast.net](mailto:pgrohman@comcast.net)
- About **Nurses Christian Fellowship and membership**, visit our website at [www.ncf-jcn.org](http://www.ncf-jcn.org).
- **Not a member?? To receive the member discount for this seminar you may complete your membership online prior to registering.** Enter your **new membership confirmation information** from the InterVarsity Store New Order # --- (in subject line of email you received when your payment was completed) and the date you joined. If mailing your registration, include your membership application and fee in the same envelope.

### Mark date / location attending:

**October 8**—Grand Haven     **October 9**—Northville

Name (as on license) \_\_\_\_\_

Nametag preference \_\_\_\_\_

Nurse    Student    Faculty    Other \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

NCF Member ID # \_\_\_ \_\_\_ \_\_\_ \_\_\_ (required for discount)

Preferred Phone (    ) \_\_\_\_\_ [H] [W] [C]

Email \_\_\_\_\_

Optional Lunch with Kamalini: \_\_\_Y \_\_\_N    not included in fee)

### Payment:

Check all that apply:

- General Fee ..... \$45.00
- Retiree (no CNE) and NCF Member Fee ..... \$40.00
- Retiree NCF Member Fee (no CNE)..... \$35.00
- Pre-licensure student (no CNE) ..... \$25.00
- Pre-licensure student NCF member Fee ..... \$20.00
- After 10/1 add to each fee** ..... \$5.00

Total Enclosed \$ \_\_\_\_\_

**Release:** In consideration for being accepted and allowed to participate in this conference/project and activities associated with its program and location, I personally assume responsibility for my actions, and release InterVarsity Christian Fellowship/USA® (hereafter InterVarsity®), its Trustees, employees and agents from loss, injury or damage to myself or my property; provided that nothing contained herein shall excuse InterVarsity, its Trustees, employees or agents from responsibility to act with reasonable care for the safety of myself or my property. I give permission to InterVarsity®/Nurses Christian Fellowship to be photographed, recorded, and/or video taped and to allow this material to be used for publicity. Any claim or dispute arising from or related to this release shall be settled by mediation and, if necessary, legally binding arbitration in accordance with the Rules of Procedure for Christian Conciliation of the Institute for Christian Conciliation, a division of Peacemaker® Ministries. Judgment upon an arbitration decision may be entered in any court otherwise having jurisdiction. I understand that these methods shall be the sole remedy for any controversy or claim arising out of this release and expressly waive my right to file a lawsuit in any civil court against InterVarsity for such disputes, except to enforce an arbitration decision. I certify that I am competent to sign this Release, and have done so voluntarily.

Signature \_\_\_\_\_

Check this box to receive future postal and/or email messages from NCF