

# GOING DEEPER

Personal or group study ideas. Read the articles, choose your questions!

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- ***Rx for Compassion Fatigue:*** (Read McHolm, pp. 12-19.)
  - a/ In what ways do you see signs of burnout or compassion fatigue in your nursing? Read the Bible references listed in the sidebar, p. 13. What areas of your practice need removing? cleansing? renewing? filling? Where might God be asking you to serve? What work might God want to do in your heart to help you overcome or avoid compassion fatigue?
  - b/ Read the account of Elijah in 1 Kings 19. What elements of compassion fatigue does Elijah exhibit? How does God care for him? What does that tell you about God's desires for health?
  
- ***Nursing Cameos:*** (Read the stories on pp. 38-48.)
  - a/ Describe a time when God confirmed your calling to nursing through an encounter with a patient. What have you learned about God through your nursing experiences?
  
- ***Kingdom of God Nursing:*** (Read Bullock, pp. 26-28.)
  - a/ Read Col 3:23-24. How does this relate to patient care?
  - b/ Read Mt 20:20-28. What principles do we learn from Jesus' leadership? How can servant leadership affect the workplace? Share an example.
  
- ***Serving After a Crisis:*** (Read Shelly, pp. 49-53.)
  - a/ Read Jn 12:26 and Gal 5:13-14. Where are you serving? How is God at work through your service?
  - b/ What is your response to Hurricane Katrina? What specifically can you do to assist?